

## **Example Workshop**

## Team Building - without the go-karts

## Aims

Strengthen relationships and a team's understanding of its highest purpose Have fun in a relevant work context

**Team building workshops** (1/2 day - 1 day) which can be designed to include the following outcomes:

- Enhancing team spirit and co-creating the way forward
- Sharing and developing best practices
- Revealing the common ground through shared work stories
- Celebrating the best of a team to build common identity
- Using what is already working well as a building block to the future
- Purposeful fun creative team task
- Recognising and *energising* the excellence a team already has
- Connecting with and valuing colleagues

Here's what a recent client said after a workshop like the one above.

'I left the session on a high – it was a significant boost to learn that my colleagues had noticed and appreciated so much in me.'

'I found the creative task really intriguing. I normally hate such things but this was so clever. It wasn't work related but it was so useful in demonstrating how we are when we are working well'.

'It <u>was</u> energising and it's given me new ways of looking at things – and my colleagues - that I can't believe I didn't think of before.'

Deborah Goodall deborah@fruitfulconversations.co.uk

Fruitful Conversations www.fruitfulconversations.co.uk